

WALK 100 CLUB

Y Members-FREE

**Guests-\$75 for one year
\$25 for 3 months**

- **Begin anytime during the year that you want.**
- **Walking available at the Dalton Y. Call for times during different seasons.**

Thank you to our Gold Sponsors:
J. M. Smucker
Taco Bell

Thank you to our Publicity Sponsors:
The Auto Tech
Brenn-Field Nursing Center
Commercial & Savings Bank
Dunlap Community Hospital
Dunlap Family Physicians
Humana Market Point Insurance
Lehman's Hardware
Maibach Ford
Martin Interiors
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Morton Salt
Orrville Utilities
Quality Castings Co.
Smith Dairy
State Farm Insurance
University of Akron / Wayne College
Weaver Commercial Contractors Inc.
Weaver Custom Homes, Inc.
The Will-Burt Co.



A Partner Agency



Dalton YMCA

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Dalton, OH 44618
330-682-1033
330-682-0066-fax

Email:

info.ymca@zoominternet.net

Website:

www.orrilledalton-ymca.org



**WE BUILD STRONG KIDS, STRONG
FAMILIES, STRONG COMMUNITIES**

WALK 100 CLUB AT THE DALTON Y

1. Keep track of your mileage on your own or at the front desk.
2. Walkers will receive a free YMCA t-shirt at 100 miles, 500 miles and 1000 miles.

There is no time limit to earn your T-shirt, so join today!

Walk 100 Club

16 laps in Dalton Y Gym=1 mile

10 laps in Dalton Y building=1mile

Financial Assistance

The YMCA welcomes all who wish to participate and annually raises scholarship funds to help make that possible. Please let us know if we may serve you or your

kids

The YMCA serves all ages, abilities, incomes and faiths.

families

communities

Name of Walker _____

Birthdate ___/___/___

Address _____

City _____ Zip _____

Day Phone _____

Evening Phone _____

Y Member? ___ Full ___ Guest

Special health needs/special requests

In emergency contact:

Name _____

Phone _____

Relationship _____

T-shirt size ___ Adult Sm ___ Med
___ Large ___ XL ___ XXL

Beginning Date ___/___/___

Ending Date ___/___/___

For Office Use Only

Attach Par-Q form and put in Walk 100 file

Date Completed 100 Miles ___/___/___
500 Miles ___/___/___
1000 Miles ___/___/___